



Recommended cycle specifications

We recommend that each nursery has a small fleet of balance bikes and pedal bikes – made up of 3-4 balance bikes and 2 pedal bikes. Contact your local bike shop for advice on models or “Bike for Good” a hero organisation can recommend suitable bikes. We also recommend you contact nurseries local to you to explore potential bike sharing opportunities.

Balance Bike

- Aluminium frame
- 12” Wheels
- Quick release seatpin bolt (or allen key fitting)
- Rear brake with child specific brake lever
- Scoop saddle
- Steering limiter
- Narrow rear hub (less than 126mm)

Pedal Bike

- Aluminium frame
- 14” wheels
- Quick release seatpin
- Front and rear brakes (v-brakes or cantilevers)
- Short-reach child specific brake levers
- Short cranks (130mm max)
- Single speed
- Narrow bottom bracket
- Stabilisers removed

